

Taylor Flowers, M.S.Ed., M.S.

Curriculum Vitae

Academic Contact

The University of Memphis
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EDUCATION

2022-Present

Doctoral Candidate, Clinical Psychology (APA-Accredited)

The University of Memphis, Department of Psychology

Major Professor & Chair: M. David Rudd, Ph.D.

Mid-Point Project: Examining baseline vulnerabilities and relative change during hospitalization as predictors of post-discharge suicide attempts in adults following inpatient hospitalization for suicidal crises

Dissertation: Perspectives of those left behind: A qualitative examination of bereavement challenges among military suicide loss survivors
(Proposed September 2026)

2024

Master of Science, General Psychology

The University of Memphis, Department of Psychology

Thesis: New faces, different ACEs? Exploring childhood adversity profiles and related outcomes in Army National Guard recruits using latent class analysis

Chair: M. David Rudd, Ph.D.

2018

Master of Science in Education, Counseling and Mental Health Services

The University of Pennsylvania, Graduate School of Education

2017

Bachelor of Arts, Psychology

Southern Connecticut State University, Department of Psychology

Concentration: Mental Health

4-Year NCAA Division II Volleyball Student-Athlete

FELLOWSHIPS

2022-Present

W.C. Duke Fellowship

The University of Memphis, Memphis, TN

\$2000 annual fellowship awarded to a doctoral student committed to research related to military communities

2023

Service to Science Summer Research Program

Minneapolis VA Medical Center, Minneapolis, MN

Paid fellowship for psychology students with military-related backgrounds to participate in 10-week full-time research program

HONORS

2016 – 2017

Northeast-10 Commissioner's Honor Roll

Southern Connecticut State University, New Haven, CT

2016 – 2017

Dean's List

Southern Connecticut State University, New Haven, CT

COMPETITIVE TRAVEL AWARDS

2025

Psychology Graduate Student Association Travel Awards

- An award for professional conference travel amounting to \$863
- Awarding Organization: Psychology Graduate Student Association, The University of Memphis

CLINICAL EXPERIENCE

2025-2026

Graduate Practicum Student, Megan Avery, Ph.D., Clinical and Forensic Psychology (5-10 hrs./wk.)

Setting: Private practice providing forensic psychology services in Tennessee

Duties: Assisted with record review, forensic intake and evaluation, forensic assessment, and mental status and competency report writing in criminal, civil, and forensic cases

Supervisor: Megan Avery, Ph.D.

27 cases (Criminal: 15, Federal: 4, Civil: 8)

2025-2026

Graduate Clinician, The Gambling Clinic, The University of Memphis (10 hrs./wk.)

Setting: Community-based outpatient treatment clinic for gambling-related problems in Tennessee

Duties: Provided individual therapy for individuals with gambling-related disorders and their concerned significant others using motivational interviewing and CBT techniques

Supervisors: Meredith Ginley, Ph.D.; James Whelan, Ph.D.

2024-2025

Behavioral Health Consultant, Christ Community Health Services

Raleigh and Broad Clinics, Memphis, TN
(20 hrs./wk.)

Setting: A community-based federally-qualified healthcare center and integrated primary care clinic funded by the Health Resources and Services Administration (HRSA)

Duties: Provided in-person and virtual brief evidence-based psychotherapy to adolescents and adults; consulting with physicians, psychologists, nurse practitioners, and social workers about patients' behavioral health, medication, care management, and referral needs; engaged in weekly group and individual supervision to staff cases and plan sessions; attended weekly didactics on various topics of professional development

Supervisor: Tara Samples, Ph.D.

2023-2026

Graduate Clinician, Psychological Services Center, The University of Memphis (5-15 hrs./wk)

Setting: A university-based outpatient training clinic providing mental health services for children, adolescents, and adults from the community.

Duties: Conducted evidence-based psychotherapy with individuals, intake assessments, and other psychological/psychoeducational assessments with individuals; wrote intake/closing reports; responded to on-call emergencies.

Supervisors: Michelle Goldwin-Kaufman, Ph.D. (2023-2024)

Neil Aronov, Ph.D. (2024-2025)

Megan Avery, Ph.D.; Alexandria Golden, Ph.D.; Jennifer Geter, Psy.D. (2025-2026)

2017 – 2018

Graduate Practicum Student, Overbrook High School

Philadelphia, PA

Setting: Title I, low-income public high school

Duties: Oversaw academic, emotional, and behavioral progress of approximately 600 students; Responded swiftly and efficiently to time-sensitive matters such as school lockdowns, suicidal ideation, fighting, and students in legal trouble; Co-facilitated weekly advising groups of approximately 15 students where we discussed interpersonal skills, post-high school options, relationships, and impacts of family life

Supervisor: Tonie Davenport

2017

Practicum Student, Aspire Living and Learning Academy (formerly known as Institute of Professional Practice Inc. Learning Academy)
Stratford, CT

Setting: Private, special education school

Duties: Led direct instruction in mathematics, reading, science, and social studies for students with developmental disorders; Utilized Applied Behavior Analysis techniques to record and monitor student behaviors; Tracked progress and new achievements in academics and behavior according to Individual Education Plans

Supervisor: Deborah Kraemer, PhD

ASSESSMENT EXPERIENCE

Emotional/Behavioral

Beck Measures (BDI-II, BAI)
 Mood Disorders Questionnaire
 Patient Health Questionnaire (PHQ-9)
 Generalized Anxiety Disorder Scale (GAD-7)
 Posttraumatic Stress Disorder Checklist
 for DSM-5 (PCL-5)
 Prodromal Questionnaire (PQ-16)
 Obsessional Compulsive Inventory –
 Revised (OCI-R)
 McLean Screening Instrument for BPD
 Altman Self-Rating Mania Scale
 Body Dysmorphic Disorder Questionnaire
 Alcohol Use Disorders Identification Test
 Clinical Anger Scale
 Clinician Administered Posttraumatic Stress
 Disorder Scale (CAPS-5)
 Insomnia Severity Index (ISI)
 Life Events Checklist (LEC)
 Pittsburgh Sleep Quality Index (PSQI)
 Liebowitz Social Anxiety Scale (LSAS)
 Structured Interview of Reported Symptoms
 Adaptive Behavior Assessment System, Third
 Edition (ABAS-3)

Attention/Concentration

Montreal Cognitive Assessment (MoCA)
 Brown Attention-Deficit Disorder Scales
 Rey 15-item Visual Memory Test (Rey-15)
 Diagnostic Interview for ADHD in Adults
 (DIVA)

Personality

Minnesota Multiphasic Personality Inventory
 Third Version (MMPI-3)

Achievement

Wide Range Achievement Test, Fifth Edition

Intellectual

Wechsler Adult Intelligence Scale, Fifth
 Version

Developmental

Autism Diagnostic Observation Schedule
 Second Edition (ADOS-2)
 Social Responsiveness Scale, Second Edition
 Autism Spectrum Quotient
 Camouflaging Autistic Traits Questionnaire

CLINICAL SUPERVISION

2025 – 2026

Peer Supervisor, Psychological Services Center

Setting: A university-based outpatient training clinic providing mental health services for children, adolescents, and adults from the community.

Duties: Provided peer-level supervision and guidance for two first-year graduate therapists. Edited supervisees' intake and closing reports.

Supervisors: Alexandria Golden, Ph.D.; Jennifer Geter, Psy.D.

RESEARCH EXPERIENCE

2026-Present Graduate Research Assistant (10 hrs./wk)

Center for Behavioral Medicine, *The University of Memphis*

Project description: Examining treatment interventions for headaches and traumatic brain injuries in Black individuals and military populations

Duties: Conducting literature reviews related to treatment options for headaches and traumatic brain injuries in Black and military populations

Supervisor: Frank Andrasik, Ph.D.

2023-Present Graduate Research Assistant (10-20 hrs./wk)

Clinical Risk, Resilience, and Intervention Lab, *The University of Memphis*

Project Description: Research lab conducting multiple studies investigating assessment, treatment, and prevention of suicidality across numerous populations including service members, inpatients, outpatients, and undergraduates

Duties: Completed master's thesis using latent class analysis (LCA) to find distinct profiles of childhood adversities and their relationship to mental health outcomes in a sample of National Guard recruits; Conducting literature reviews on culturally-based experiences of post-traumatic stress disorder

Funding Source: Department of Defense, American Foundation for Suicide Prevention

Supervisor: M. David Rudd, Ph.D.

2023 Service to Science Summer Research Scholar (40 hrs./wk)

Minneapolis VA Medical Center, *CCDOR*

Project Description: Advancing Research on Mechanisms of Resilience (ARMOR)

Duties: Conducted literature reviews, designed an independent research study, analyzed data related to factors of resilience in Army National Guard recruits, mentored undergraduate students

Funding Source: National Center for Complementary and Integrative Health

Supervisor: Melissa Polusny, Ph.D.

2022-2023 Graduate Research Assistant (20 hrs./wk)

Trauma and Coping Research Group, *The University of Memphis*

Duties: Analyzed ecological momentary assessment and behavior economic data from post-9/11 veterans with posttraumatic stress disorder; Assisted advanced students with dissertation data analysis; Conducted literature reviews on several military mental health issues, such as suicide in the military, military-related PTSD, and substance use in service members

Supervisor: Meghan McDevitt-Murphy, Ph.D.

- 2020-2022 Study Coordinator (10 hrs./wk)**
Mental Illness Research, Education, and Clinical Center (MIRECC), Cpl. Michael J. Crescenz VA Medical Center
Project Description: Worked on two projects which 1) compared efficacy of three medications for insomnia in veterans with PTSD and 2) developing a CBT skills mobile app for veterans with depression
Duties: Management of IRB documents and submissions, data management, designed recruitment materials, assisted in design and beta-testing of CBT skills mobile app
Funding Source: Department of Veteran Affairs, National Institute of Health
Supervisor: Michael Thase, M.D.
- 2018-2021 Research Assistant (10 hrs./wk)**
The Steven A. Cohen Military Family Clinic, The University of Pennsylvania
Project Description: Examining executive functioning in veterans
Duties: Commenced the clinic's first neuropsychological program by assessing veterans' attention, working memory, face memory, nonverbal reasoning, spatial ability, and emotion differentiation using the University of Pennsylvania's Computerized Neurocognitive Battery; Coded and cleaned qualitative data including branch of service, discharge status, and pre- and post-treatment outcomes based on initial and final self-report measures; Entered approximately 15,000 self-report measures related to trauma, depression, anxiety, quality of life, and couples issues
Supervisor: Leah Blain, Ph.D.
- 2018 Research Assistant (20 hrs./wk)**
Center for Mental Health Policy and Services Research, The University of Pennsylvania
Project Description: Development of a Digital Biosensor Stress Alarm for School-Aged Children with ASD
Duties: Designed a digital emotional stress smartphone application to help teachers, parents, and behavioral health workers manage challenging behaviors in children with autism spectrum disorder; Organized focus groups for stakeholders to engage with proposed app and provide feedback on design, content, and functionality; Drafted and completed IRB proposals through University of Pennsylvania; Created flyers for recruitment efforts and solidified social media language for recruitment; Constructed language on consent and assent forms
Funding Source: National Institute of Mental Health (NIMH)
Supervisor: Heather Nuske, Ph.D.
- 2017-2018 Graduate Research Assistant (10 hrs./wk)**
Graduate School of Education, The University of Pennsylvania

Project Description: Collected quantitative and qualitative data related to counselors' boundary violations and subsequent discipline

Duties: Performed thematic analysis on survey responses, consolidated data related to sanctions against licensed counselors nationally for boundary violations

Supervisor: Charles Jacob, Ph.D.

2017-2018 Graduate Research Assistant (10 hrs./wk)

The Racial Empowerment Collaborative, *The University of Pennsylvania*

Project Description:

Duties: Co-facilitated culturally responsive group therapy for approximately 15 female 7th-and-8th grade students at a local charter school; Held weekly discussions about racial, educational, and familial stressors and provided adaptive coping strategies

Funding Source: National Institute of Health (NIH); Substance Abuse and Mental Health Services Administration (SAMHSA)

Supervisor: Howard Stevenson, Ph.D.

2016-2017 Research Assistant (10 hrs./wk)

Colwell Lab, *Southern Connecticut State University*

Project Description: Assessment Criteria Indicative of Deception (ACID) in College Students Who Commit Minor Theft

Duties: Recruited and debriefed participants using SONA and Informed Consent forms; Collected and organized observational and self-report data from interviews

Funding Source: Southern Connecticut State University

Supervisor: Kevin Colwell, Ph.D.

PUBLICATIONS

Peer-reviewed Journal Articles

Flowers, T.A., Hagel Campbell, E., Noorbaloochi, S., Polusny, M.A. (2025). Latent class patterns of adverse childhood experiences and mental health among National Guard recruits. *Child Abuse & Neglect*, 169, 107671.

Rudd, M.D., Diefenbach, G. J., Tolin, D.F., Perez-Munoz, A., **Flowers, T.,** Tuna, B., Gleason, V.L., Tempchin, J., Bryan, C.J. (2025). Clinical utility of the Brief Suicide Cognitions Scale with high-risk inpatient, outpatient, and emergency department clinical samples. *Journal of Psychiatric Research*, 191, 155-161.

Rudd, M.D., Wine, M., Pedler, R., Wright, M., Gleason, V. L., Perez-Munoz, A., Tuna, B., Tempchin, J., **Flowers, T. A.,** Bryan, C. J. (2025). Examining the efficacy of a digital therapeutic to prevent suicidal ideation and behaviors in a primary care setting: Design

and methodology of a randomized controlled trial with military service members. *Contemporary Clinical Trials*, 108107.

Jacob, C., Byrd, R., Donald, E., Milner, R., & **Flowers, T. A.** (2022). Avoiding boundary violations: Recommendations for managing attraction to (and from) clients in response to the Healthcare Providers Service Organization's 2019 report. *Journal of Mental Health Counseling*, 44(1), 6-17. <https://doi.org/10.17744/mehc.44.1.02>

Encyclopedia Entries

McDevitt-Murphy, M.E., **Flowers, T.A.**, Rudd, M.D. (2024). Suicide in the military. In A. Wenzel (Ed.), *SAGE encyclopedia of mood and anxiety disorders* (Vol. 3, pp.1257-1259). SAGE Publications. <https://doi.org/10.4135/9781071886229.n431>

Works in Progress

Flowers, T.A., & Spooont, M.R. (2026). "*Hit with a problem that I can't solve*": A qualitative analysis of veterans' personal recovery from posttraumatic stress disorder. [Manuscript in preparation].

Flowers, T.A., & Rudd, M.D. (2026). *Examining baseline vulnerabilities and relative change during hospitalization as predictors of post-discharge suicide attempts in adults following inpatient hospitalization for suicidal crises*. [Manuscript in preparation].

Rudd, M.D., Gleason, V. L., Kratholm, O., Whelan, J. P., Ramos, F., Ginley, M., Glicker, D., **Flowers, T.**, Starkey, A. G., Hill, R. (2026). *Establishing a uniform clinical cutting score for the Brief Suicide Cognitions Scale*. [Manuscript submitted for publication].

CONFERENCE PRESENTATIONS, peer-reviewed

Flowers, T. A., Diefenbach, G., & Tolin, D. (2025, April). *Relationships between Brief Suicide Cognitions Scale domains and substance use disorders in individuals with suicidality*. Oral presentation at the 4th Annual Suicide Research Symposium, Virtual.

Flowers, T. A., Diefenbach, G., & Tolin, D. (2025, April). *Relationships between Brief Suicide Cognitions Scale domains and substance use disorders in individuals with suicidality*. Oral presentation at the 13th Annual Collaborative Perspectives on Addiction Conference, Providence, RI, United States.

Flowers, T. (2024, July 11-14). *ACEs Up the Sleeve? Latent class analysis of adversity profiles among Army National Guard recruits* [Conference presentation]. 2024 Black Graduate Conference in Psychology, Ann Arbor, MI, United States.

Jacob, C., Debnath, S., Engel, K., & **Flowers, T.** (2019, February). *Attraction to clients and ethical violations: Findings from a national survey*. Oral presentation at the 2019 Law and Ethics in Counseling Conference, New Orleans, LA, United States.

Jacob, C., Bi, R., Flibbert, N., **Flowers, T.**, Wang, M., Wang, Y., & Zong, X. (2018, April 25-29). *Attraction to clients and ethical violations: Findings from a national survey* [Conference presentation]. 2018 American Counseling Association Conference & Expo, Atlanta, GA, United States.

GRANTS SUBMITTED

Submitted 5/2025 Flowers, Taylor A., Principal Investigator
 “Perceived Institutional Betrayal in Service Members Confiding in Military Suicide Loss Survivors”
 Submitted for The Center for Institutional Courage Research Grant
Co-Investigators: Jayna Mocerri-Brooks, Ph.D., RN, M. David Rudd, Ph.D.
 Status: Not funded

TEACHING EXPERIENCE

Teaching Assistant

2026-Present Research and Statistics I (undergraduate)
 Class size = ~ 30 students, The University of Memphis
Duties: Grading lab assignments; Providing instructional support for lectures; Offering weekly office hours for students

Teaching Assistant

2023-2024 Research and Statistics II (undergraduate)
 Class size = ~ 20 students, The University of Memphis
Duties: Graded lab assignments and APA-style papers; Leading laboratory lectures using MagicStat statistical software; Providing instructional support for lectures on regressions, analysis of variance, and APA-style writing; Offering weekly office hours for students

DIRECT SERVICE EXPERIENCE

2019 – 2021 Administrative Assistant to Michael Thase, MD and Karl Rickels, MD
 (20 hrs./wk)
Mood and Anxiety Disorders Treatment and Research Program
 University of Pennsylvania, *Department of Psychiatry*
Setting: Outpatient mental health clinic for mood disorders

Duties: Completed prior authorizations and corresponded with patients, insurance companies, and pharmacies; Handled and scheduled administrative duties relating to the Philadelphia VA Medical Center, Cohen Clinic, and Mood and Anxiety program; Called in prescriptions for various psychotropic medications; Collected payment from patients

Supervisors: Michael Thase, M.D., Karl Rickels, M.D.

2019 – 2021

Research and Clinic Assistant (20 hrs./wk)

The Steven A. Cohen Military Family Clinic and the Mood and Anxiety Disorders Treatment and Research Program

University of Pennsylvania, *Department of Psychiatry*

Setting: Private sector outpatient mental health clinic for Veterans and their families

Duties: Managed approximately 15 Outlook calendars to schedule psychotherapy and psychiatry appointments; Completed administrative responsibilities such as medical record handling, answering phones, and managing paperwork including client safety plans, consents, and measures

Supervisor: Leah Blain, Ph.D.

2017 – 2018

Graduate Associate

University of Pennsylvania Rodin College House

Penn College Houses and Academic Services, Philadelphia, PA

Setting: On-campus dormitory for undergraduate students

Duties: Planned and executed social events for approximately 700 sophomores, juniors, and seniors while maintaining a strict budget; Enforced housing policies regarding fire safety, emergencies, facilities, and substance use; Completed Incident Reports and addressed residents' academic and emotional concerns

Supervisor: Kathryn McDonald

2018

Workshop Co-Facilitator

“Getting the Love You Want” Workshops

Bryn Mawr, PA

Setting: Couples Workshops

Duties: Assisted in coaching approximately 35 couples through the process of Imago Relationship therapy; Helped couples work through conflict stemming from childhood relationships

Supervisor: Nedra Fetterman, PhD

PROFESSIONAL SERVICE

Psychology Department

2023 – Present **Clinical Program Liaison, African American, Latine, Asian American, and Native American (ALANA) Psychology Group**

Duties: Serving as a representative for an affinity group for graduate students of color in the psychology department; Providing input on and kickstarting department-wide initiatives related to diversity, equity, and inclusion

2023 – 2024 **Clinical Program Representative, Psychology Graduate Student Association**

Duties: Voiced and acted swiftly on student perspectives and concerns about issues impacting the department such as mentorship, community building, and evaluation processes; Communicated with department leaders about student needs

Mentorship

2022 – 2023 **Mentor, NextGen Psych Scholars Program**

Duties: Mentored a student who was accepted into Counseling Psychology Ph.D. programs; Providing one-on-one mentorship to historically marginalized students in psychology by providing feedback on curriculum vitae, personal statements, diversity statements, and interview preparation; Disseminating resources for applying to Ph.D. programs in psychology

2022 – 2023 **Mentor, Psychin' Out Mentorship Program**

Duties: Mentored a student who received an offer for a Clinical Psychology Ph.D. program; Providing one-on-one mentorship to underrepresented scholars in psychology and assisting in preparation of graduate school applications with duties such as giving feedback on CVs, personal statements, and mock interviews; Distributing academic and professional resources to psychology students and professionals seeking research positions or graduate school admissions

Campus Service

2017 – 2018 **Member, University of Pennsylvania Counseling and Psychological Services (CAPS) Student Advisory Board**

Duties: Acted as liaison between mental health staff and students on campus; Listened to student feedback regarding their CAPS experiences; Led discussions, workshops, and events to change mental health climate

National Service

2023-2025 **Student Coordinator, Diversifying Clinical Psychology Conference**

SPECIALIZED TRAININGS, WORKSHOPS, AND CERTIFICATIONS

2026 **“Unraveling PTSD: Advanced Skills Training to Enhance the Effectiveness of Your Trauma-Focused Treatment”**
Strong STAR Training Institute

2026 **“Nurturing Roots to Reach New Heights: Exploring Foundations of Clinical Behavior Analysis for Mastering Flexible, Process-Based Intervention”**
Speaker: Emily Sandoz, Ph.D.

2024 **Parent-Child Interaction Therapy: Introduction to Theory, Research, and Techniques**
Speaker: Cheryl McNeil, Ph.D.

2023 **Aging and Mental Health: Tools, strategies, and considerations for clinical work with older adults**
Speaker: Leilani Feliciano, Ph.D.

2022 **Integrating Multicultural Counseling Methods: A Treatment Roadmap for Helping Professionals**
Speakers: Natalie Hernandez, Ph.D., Sultan Magruder, Ph.D., & John Mitchell, Psy.D.

2022 **Clinical Suicidology**
The National Register of Health Service Psychologists

2019 **Computerized Neurocognitive Battery Assessment**
Brain Behavior Laboratory, University of Pennsylvania

PROFESSIONAL MEMBERSHIPS

The American Psychological Association: Trauma Psychology, *Graduate Student Member*

The American Psychological Association, *Graduate Student Member*

Society for Military Psychology, *Graduate Student Member*

The American Counseling Association, *Graduate Student Member*

Psi Chi International Honor Society, *Student Member*

American Psychology – Law Society, *Student Member*

References

M. David Rudd, Ph.D., ABPP

Distinguished University Professor of Psychology, President Emeritus
The University of Memphis, Department of Psychology
(university) mdrudd@memphis.edu

Megan L. Avery, Ph.D.

Licensed Clinical Psychologist, Health Service Provider (TN)
Private Practice in Clinical and Forensic Psychology
(work) dravery@midssouthpsych.com

Tara Samples, Ph.D.

Licensed Clinical Psychologist, Health Service Provider (TN)
Ballast Behavioral Health
(work) tarasamples@ballastbh.com